



# Navigating risk of recurrence after an early-stage breast cancer diagnosis



## Session I: Understanding and reducing risk of breast cancer recurrence

Tuesday, November 12, 7:00 pm (ET) – 8:15 pm (ET)

Learn how testing may help you make more informed treatment decisions, predict your personal risk of recurrence, and hear about treatments that may be available to reduce risk. We will also talk about changes you can make right away to help improve your quality of life and lower risk of recurrence.

Speaker: Monique Gary, DO, MSc, FACS

Moderator: Ebony-Joy Igbinoba

## Session II: Managing fear of breast cancer recurrence

Tuesday, November 19, 7:00 pm (ET) - 8:15 pm (ET)

It is common to worry about cancer coming back after being diagnosed with breast cancer. This fear can have a powerful effect on your everyday life. This webinar will help you understand what your concerns or ‘triggers’ may be and will teach coping strategies to help manage them.

Speaker: Maurade Gormley, PhD, C-PNP

Moderator: Lynn Folkman

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